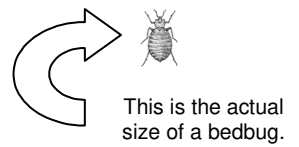


Good Night, Sleep Tight...



Don't Let the Bedbugs Bite!

Finding a Home in Your Home

Bedbugs can enter your home in suitcases, backpacks, boxes, old furniture, on clothes, etc.

Bedbugs can walk from one room to another.

Look for signs of bedbugs such as small, dark stains on bed sheets or on the mattress, or old skins they have shed.

Look for bedbugs in mattresses, in furniture, in cushions and curtains, behind baseboards and headboards, in holes in walls and windows, under carpets, in picture frames, electronics and books, etc.

IN A HOTEL

Check the mattress for signs of bedbugs. Ask to change rooms if you see any.



IN A HOTEL

Keep your suitcase, backpack, computer, etc., off the floor and far from the bed.

HOW TO KEEP BEDBUGS OUT OF YOUR LIFE

AT HOME

Place your suitcase in an isolated area (garage). Wash your clothes in hot water. Check your suitcase for bedbugs.

AT HOME

Keep your room tidy. Bedbugs love places that are soft, warm, dark and humid. Clothes on the floor are a favourite hiding spot.

